

North Carolina Hurricane Preparedness

Three-Day Disaster Supplies Kit

The best time to assemble a three-day disaster supplies kit is well before you will ever need it. Most people already have these items around the house and it is a matter of assembling them now before an evacuation order is issued.

(Perquimans County is recommending a fourteen day kit)

Start with an easy to carry, water tight container — a large plastic trash can will do, or line a sturdy cardboard box with a couple of trash bags. Next gather up the following items and place them in your kit:



Essentials

- Water — 1 gallon per person per day (a week's supply of water is preferable)
- Water purification kit or bleach
- First aid kit and first aid book
- Pre-cooked, non-perishable foods, such as canned meats, granola bars, instant soup cereals, etc.
- Baby supplies: formula, bottle, pacifier, soap, baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices
- Non-electric can opener
- Anti-bacterial hand wipes or gel
- Blanket or sleeping bag per person
- Portable radio or portable TV and extra batteries
- Flashlight and extra batteries
- Essential medications
- Extra pair of eyeglasses
- Extra house and car keys
- Fire extinguisher — ABC-type
- Food, water, leash and carrier for pets
- Cash and change
- Seasonal change of clothing, including sturdy shoes

Sanitation Supplies

- Large plastic trash bags for waste, tarps and rain ponchos
- Large trash cans
- Bar soap and liquid detergent
- Shampoo
- Toothpaste and toothbrushes
- Feminine hygiene supplies
- Toilet paper
- Household bleach
- Rubber gloves

Stocking up now on emergency supplies can add to your family's safety and comfort during and after a disaster. Store enough supplies for at least three days, preferably seven days, in one place.

If You Evacuate

- Take your **disaster supplies kit**
- Have a place to go — home of a family member or friend, motel or shelter. When possible, evacuating within your county reduces the chance of being stranded in traffic and shortens your time to return home. Before a storm threatens, contact your county emergency management office for local evacuation information. (See phone numbers at far right.)
- Notify family or friends of your plans, when you are leaving and where you are going.
- Fill your car with gas. Taking only the vehicle you will need to get you and your family to safety reduces the amount of traffic on the roads.
- Bring extra cash. Banks may be closed, ATMs may not work.
- Enact your pet plan. State health regulations prohibit pets in public shelters. Before a storm threatens, contact your veterinarian or local humane society for information on preparing your pets for an emergency.
- Bring important family documents in a waterproof container.
- Secure your home.
- Bring toys, books and games for entertainment.
- Bring pillows and blankets. Also bring rain gear and sturdy shoes.
- Map out your route. Be familiar with your area's evacuation routes.
- Don't panic, arrive safely at your destination.
- After the threat listen to local officials for the all clear.
- Don't drive on flooded roads.



If You Stay Home

- Have your disaster **supplies kit handy** See above.
- Enact your pet plan.
- Stock extra supplies. Batteries, water and canned food.
- You need to store at least a three-day supply of water for each person in your household. Stored water should be changed every six months. More information at www.redcross.org.
- Secure your home. Board up windows and secure lawn furniture, mowers, hanging plants, trash cans and other loose items in the yard.
- Fill your car with gas.
- Check on your neighbors, particularly the elderly or disabled.
- Use your NOAA weather radio. Stay alert to weather advisories.
- After the threat listen to local officials for the all clear.

What About Pets When a Hurricane Threatens?

Pets are not allowed in public shelters for health and space reasons, so arrangements need to be made in advance for your pets. In the event of a disaster, if you must evacuate, the most important thing you can do for your pets is to evacuate them too. Pets are not allowed at most hotels and motels in North Carolina, so emergency arrangements for them may require careful planning.



- Make sure that your pets are current on their vaccinations. Pet shelters may require proof of vaccines.
- Keep a collar with identification on your pet and have a leash on hand to control your pet.
- Have a properly-sized pet carrier for each animal — carriers should be large enough for the animal to stand and turn around.
- Animals brought to a pet shelter are required to have: Proper identification collar and rabies tag, proper identification on all belongings, a carrier or cage, a leash, an ample supply of food, water and food bowls, any necessary medications, specific care instructions and newspapers or trash bags for clean-up.

Pet Disaster Supply Kit

- Proper identification including immunization records
- Ample supply of food and water
- A carrier or cage
- Medications
- Muzzle, collar and leash